



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Vaz, Rudolf

Total time: 1:21:33

Club: Lorsch

Number: 378

Rank in course/Total: 188 (of 307)

Rank in course/Men: 163 (of 251)

Best time in course: 1:02:08

Enduro E Bike

Category:

Rank in category: 23(of 31)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	9:30	19:00	6	1:47	33	2:15	0.50	9:30	19:00	32		6	0:45
Schwimmen Total	0.50	9:30												
Wechsel Schw.-R	0.25	2:28	9:52	15	0:56	91	1:03	0.75	11:58	15:57	32		245	1:18
Rad	20.00	42:14	2:06	27	10:24	199	11:57	20.75	54:12	2:36	32	3:27	250	11:08
Rad Total	20.25	44:42												
Laufrunde 2,5 km	2.50	13:22	5:20	24	3:44	178	4:21	23.25	1:07:34	2:54	32	6:02	248	14:14
Lauf	2.50	13:59	5:35	28	4:14	188	5:02	-	1:21:33	-	23	19:25	164	19:25
Lauf Total	0.00	1:21:33												