



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Weiler, Dr. Gisbert

Club: SSG Bensheim

Number: 373

Course: 25.75 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 4 (TM 55-59)

Total time: 1:22:49

Rank in course/Total: 199 (of 307)

Rank in course/Men: 168 (of 251)

Best time in course: 1:02:08

Rank in category: 9(of 19)

Best time in the category: 1:10:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:01	24:02	10	3:26	155	4:46	0.50	12:01	24:02	20	0:32	251	3:16
Schwimmen Total	0.50	12:01												
Wechsel Schw.-R	0.25	2:42	10:48	7	0:52	120	1:17	0.75	14:43	19:37	20	0:47	245	4:03
Rad	20.00	39:29	1:58	8	4:12	150	9:12	20.75	54:12	2:36	20	4:30	250	11:08
Rad Total	20.25	42:11												
Laufrunde 2,5 km	2.50	14:32	5:48	14	3:48	202	5:31	23.25	1:08:44	2:57	20	7:43	248	15:24
Lauf	2.50	14:05	5:38	14	3:30	191	5:08	25.75	1:22:49	3:12	9	12:21	169	20:41
Lauf Total	25.25	1:22:49												