



# 9. Lorscher Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Heimisch, Lisa

Total time: 1:11:11

Club: TSV Neuburg Triathlon

Number: 61

Course: 25.75 km

Rank in course/Total: 58 (of 307)

Lorscher Triathlon 0,5-20-5

Rank in course/Women: 3 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 1(of 1)

weibl. Junioren (TW18/19)

Best time in the category: 1:11:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:06	22:11	1	-	19	4:10	0.50	11:06	22:11	1	-	33	
Schwimmen Total	0.50	11:06												
Wechsel Schw.-R	0.25	2:04	8:16	1	-	9	0:24	0.75	13:10	17:33	1	-	33	
Rad	20.00	37:38	1:52	1	-	9	3:50	20.75	50:48	2:26	1	-	33	
Rad Total	20.25	39:42												
Laufrunde 2,5 km	2.50	10:12	4:04	1	-	2	0:02	23.25	1:01:00	2:37	1	-	33	
Lauf	2.50	10:11	4:04	1	-	1	-	25.75	1:11:11	2:45	1	-	3	6:36
Lauf Total	25.25	1:11:11												