



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Adrian, Thomas

Club: ATB Heuchelheim

Number: 40

Total time: 1:07:46

Enduro E Bike

Rank in course/Total: 30 (of 307)

Rank in course/Men: 29 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 4(of 21)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:25	20:49	9	2:36	90	3:10	0.50	10:25	20:49	22		4	1:40
Schwimmen Total	0.50	10:25												
Wechsel Schw.-R	0.25	1:54	7:35	3	0:25	20	0:29	0.75	12:19	16:25	22		4	1:39
Rad	20.00	35:01	1:45	6	2:21	35	4:44	20.75	47:20	2:16	22		4	4:16
Rad Total	20.25	36:55												
Laufrunde 2,5 km	2.50	10:08	4:03	2	0:07	14	1:07	23.25	57:28	2:28	22		4	4:08
Lauf	2.50	10:18	4:07	3	0:17	20	1:21	-	1:07:46	-	4	3:55	29	5:38
Lauf Total	0.00	1:07:46												