



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Blut, Martina

Total time: 1:12:25

Club: EOSC

Number: 52

Course: 25.75 km

Rank in course/Total: 82 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 5 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 2(of 8)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:04:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:55	19:49	3	1:22	13	2:59	0.50	9:55	19:49	2	1:22	36	
Schwimmen Total	0.50	9:55												
Wechsel Schw.-R	0.25	2:31	10:03	3	0:40	21	0:51	0.75	12:26	16:34	2	2:02	36	
Rad	20.00	35:59	1:47	2	2:11	2	2:11	20.75	48:25	2:19	2	4:13	36	
Rad Total	20.25	38:30												
Laufrunde 2,5 km	2.50	12:11	4:52	2	2:01	12	2:01	23.25	1:00:36	2:36	2	6:14	36	
Lauf	2.50	11:49	4:43	2	1:36	8	1:38	25.75	1:12:25	2:48	2	7:50	5	7:50
Lauf Total	25.25	1:12:25												