



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Simon, Laura

Total time: 1:14:09

Club: Bensheim

Number: 74

Rank in course/Total: 103 (of 307)

Rank in course/Women: 8 (of 56)

Best time in course: 1:04:35

Enduro E Bike

Category:

Rank in category: 2(of 5)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:09:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	11:43	23:26	3	4:47	26	4:47	0.50	11:43	23:26	6	4:47	38		
Schwimmen Total	0.50	11:43													
Wechsel Schw.-R	0.25	1:56	7:44	2	0:16	3	0:16	0.75	13:39	18:11	6	5:03	38		
Rad	20.00	37:04	1:51	1	-	3	3:16	20.75	50:43	2:26	6	4:42	38		
Rad Total	20.25	39:00													
Laufrunde 2,5 km	2.50	11:41	4:40	1	-	8	1:31	23.25	1:02:24	2:41	6	4:35	38		
Lauf	2.50	11:45	4:42	2	0:03	7	1:34	-	1:14:09	-	2	4:27	8	9:34	
Lauf Total	0.00	1:14:09													