



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Thinius, Katja

Total time: 1:15:25

Club: Weiterstadt

Number: 84

Course: 25.75 km

Rank in course/Total: 117 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 12 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 3(of 8)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:04:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:17	18:33	2	0:44	9	2:21	0.50	9:17	18:33	3	0:44	41	
Schwimmen Total	0.50	9:17												
Wechsel Schw.-R	0.25	2:05	8:20	2	0:14	10	0:25	0.75	11:22	15:09	3	0:58	41	
Rad	20.00	38:55	1:56	3	5:07	16	5:07	20.75	50:17	2:25	3	6:05	41	
Rad Total	20.25	41:00												
Laufrunde 2,5 km	2.50	12:14	4:53	3	2:04	14	2:04	23.25	1:02:31	2:41	3	8:09	41	
Lauf	2.50	12:54	5:09	3	2:41	21	2:43	25.75	1:15:25	2:55	3	10:50	12	10:50
Lauf Total	25.25	1:15:25												