



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Zubrod, Jutta

Total time: 1:19:06

Club: ERSG Darmstadt

Number: 67

Course: 25.75 km

Rank in course/Total: 163 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 20 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 7(of 10)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:18	24:36	9	2:55	38	5:22	0.50	12:18	24:36	6	1:01	48	
Schwimmen Total	0.50	12:18												
Wechsel Schw.-R	0.25	2:01	8:03	1	-	4	0:21	0.75	14:19	19:05	6		48	
Rad	20.00	37:56	1:53	3	0:52	11	4:08	20.75	52:15	2:31	6	0:45	48	
Rad Total	20.25	39:57												
Laufrunde 2,5 km	2.50	13:24	5:21	7	2:32	26	3:14	23.25	1:05:39	2:49	6	2:28	48	
Lauf	2.50	13:27	5:22	8	2:19	27	3:16	25.75	1:19:06	3:04	7	5:57	20	14:31
Lauf Total	25.25	1:19:06												