



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Füller, Dirk

Club: Ilvesheim

Number: 140

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 2 (TM 45.49)

Total time: 1:03:04

Rank in course/Total: 3 (of 307)

Rank in course/Men: 3 (of 251)

Best time in course: 1:02:08

Rank in category: 1(of 57)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	7:56	15:52	1	-	4	0:41	0.50	7:56	15:52	58		251	
Schwimmen Total	0.50	7:56												
Wechsel Schw.-R	0.25	1:45	7:00	3	0:20	10	0:20	0.75	9:41	12:54	56		245	
Rad	20.00	32:32	1:37	3	2:15	7	2:15	20.75	42:13	2:02	58		250	
Rad Total	20.25	34:17												
Laufrunde 2,5 km	2.50	10:18	4:07	6	0:40	23	1:17	23.25	52:31	2:15	56		248	
Lauf	2.50	10:33	4:13	7	0:48	31	1:36	25.75	1:03:04	2:26	1	-	3	0:56
Lauf Total	25.25	1:03:04												