



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

**Meeuw, Frauke**

**Total time: 1:23:33**

Club: Heidelberg

Number: 68

Course: 25.75 km

Rank in course/Total: 205 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 32 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 8(of 11)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:12:15

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	7:59	15:58	1	-	3	1:03	0.50	7:59	15:58	6			55
Schwimmen Total	0.50	7:59												
Wechsel Schw.-R	0.25	2:24	9:35	6	0:23	18	0:44	0.75	10:23	13:50	6			55
Rad	20.00	44:01	2:12	9	6:30	40	10:13	20.75	54:24	2:37	6	5:40		55
Rad Total	20.25	46:25												
Laufrunde 2,5 km	2.50	14:29	5:47	10	3:23	43	4:19	23.25	1:08:53	2:57	6	8:32		55
Lauf	2.50	14:40	5:51	10	3:01	44	4:29	25.75	1:23:33	3:14	8	11:18	32	18:58
Lauf Total	25.25	1:23:33												