



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Appel, Johanna

Total time: 1:26:11

Club: Wiesbaden

Number: 94

Course: 25.75 km

Rank in course/Total: 229 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 37 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 1(of 1)

weibl. Jugend A (TW 16/17)

Best time in the category: 1:26:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	8:05	16:10	1	-	4	1:09	0.50	8:05	16:10	1	-	15		
Schwimmen Total	0.50	8:05													
Wechsel Schw.-R	0.25	3:23	13:31	1	-	49	1:43	0.75	11:28	15:17	1	-	15		
Rad	20.00	46:30	2:19	1	-	50	12:42	20.75	57:58	2:47	1	-	15		
Rad Total	20.25	49:53													
Laufrunde 2,5 km	2.50	13:56	5:34	1	-	34	3:46	23.25	1:11:54	3:05	1	-	15		
Lauf	2.50	14:17	5:42	1	-	39	4:06	25.75	1:26:11	3:20	1	-	37	21:36	
Lauf Total	25.25	1:26:11													