



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Diehl, Markus

Total time: 1:06:20

Club: Biblis

Number: 133

Course: 25.75 km

Rank in course/Total: 20 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 19 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 3(of 52)

Senioren 1 (TM 40-44)

Best time in the category: 1:03:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:00	20:00	8	1:55	62	2:45	0.50	10:00	20:00	52		251	1:15
Schwimmen Total	0.50	10:00												
Wechsel Schw.-R	0.25	1:49	7:15	3	0:07	14	0:24	0.75	11:49	15:45	50		9	1:09
Rad	20.00	33:50	1:41	3	1:43	17	3:33	20.75	45:39	2:11	51	1:22	250	2:35
Rad Total	20.25	35:39												
Laufrunde 2,5 km	2.50	10:19	4:07	3	0:19	25	1:18	23.25	55:58	2:24	51	1:09	248	2:38
Lauf	2.50	10:22	4:08	4	0:35	22	1:25	25.75	1:06:20	2:34	3	2:44	19	4:12
Lauf Total	25.25	1:06:20												