



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Fehrenbach, Nicole

Club: Team BODY-ATTACK

Number: 56

Course: 25.75 km

Lorsch Triathlon 0,5-20-5

Category:

weibl. AK 4 (TW 35-39)

Total time: 1:26:29

Rank in course/Total: 231 (of 307)

Rank in course/Women: 38 (of 56)

Best time in course: 1:04:35

Rank in category: 5(of 8)

Best time in the category: 1:04:35

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:19	22:37	4	2:46	24	4:23	0.50	11:19	22:37	4	2:46	2	
Schwimmen Total	0.50	11:19												
Wechsel Schw.-R	0.25	2:31	10:03	3	0:40	21	0:51	0.75	13:50	18:26	4	3:26	2	
Rad	20.00	41:37	2:04	5	7:49	32	7:49	20.75	55:27	2:40	4	11:15	2	
Rad Total	20.25	44:08												
Laufrunde 2,5 km	2.50	15:24	6:09	7	5:14	48	5:14	23.25	1:10:51	3:02	4	16:29	2	
Lauf	2.50	15:38	6:15	7	5:25	48	5:27	25.75	1:26:29	3:21	5	21:54	38	21:54
Lauf Total	25.25	1:26:29												