



## 9. Lorsche Triathlon

Lorsch / 12.08.2012

### Detailed evaluation

Jacobsen, Justus

Club: Luhdener SV

Number: 142

Course: 25.75 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:09:13

Rank in course/Total: 39 (of 307)

Rank in course/Men: 38 (of 251)

Best time in course: 1:02:08

Rank in category: 7(of 52)

Best time in the category: 1:03:36

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Schwimmen        | 0.50        | 10:15         | 20:30           | 13          | 2:10           | 80         | 3:00          | 0.50        | 10:15         | 20:30           | 52          |                | 251        | 1:30          |
| Schwimmen Total  | 0.50        | 10:15         |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Wechsel Schw.-R  | 0.25        | 2:20          | 9:20            | 11          | 0:38           | 75         | 0:55          | 0.75        | 12:35         | 16:46           | 50          |                | 245        | 1:55          |
| Rad              | 20.00       | 35:12         | 1:45            | 7           | 3:05           | 37         | 4:55          | 20.75       | 47:47         | 2:18            | 51          | 3:30           | 250        | 4:43          |
| Rad Total        | 20.25       | 37:32         |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Laufrunde 2,5 km | 2.50        | 10:49         | 4:19            | 12          | 0:49           | 51         | 1:48          | 23.25       | 58:36         | 2:31            | 51          | 3:47           | 248        | 5:16          |
| Lauf             | 2.50        | 10:37         | 4:14            | 6           | 0:50           | 38         | 1:40          | 25.75       | 1:09:13       | 2:41            | 7           | 5:37           | 38         | 7:05          |
| Lauf Total       | 25.25       | 1:09:13       |                 |             |                |            |               |             |               |                 |             |                |            |               |