



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Schmitt, Angelika

Total time: 1:29:31

Club: LLG Wonnegau

Number: 54

Course: 25.75 km

Rank in course/Total: 254 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 42 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 3(of 5)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:22:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:55	25:49	4	1:38	45	5:59	0.50	12:55	25:49	6	0:57	5	
Schwimmen Total	0.50	12:55												
Wechsel Schw.-R	0.25	3:18	13:11	2	0:38	47	1:38	0.75	16:13	21:37	6	0:35	5	
Rad	20.00	44:22	2:13	3	2:55	43	10:34	20.75	1:00:35	2:55	6	3:30	5	
Rad Total	20.25	47:40												
Laufrunde 2,5 km	2.50	14:20	5:44	4	1:30	39	4:10	23.25	1:14:55	3:13	6	5:00	5	
Lauf	2.50	14:36	5:50	5	1:49	43	4:25	25.75	1:29:31	3:28	3	6:49	42	24:56
Lauf Total	25.25	1:29:31												