



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Held, Reinhard

Total time: 1:10:28

Club: Lorsch Buwe

Number: 18

Course: 25.75 km

Rank in course/Total: 52 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 50 (of 251)

Best time in course: 1:02:08

Category:

Rank in category: 1(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:10:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:51	19:41	2	1:16	51	2:36	0.50	9:51	19:41	20		7	1:06
Schwimmen Total	0.50	9:51												
Wechsel Schw.-R	0.25	2:05	8:20	2	0:15	46	0:40	0.75	11:56	15:54	20		7	1:16
Rad	20.00	37:13	1:51	4	1:56	97	6:56	20.75	49:09	2:22	20		7	6:05
Rad Total	20.25	39:18												
Laufrunde 2,5 km	2.50	10:44	4:17	1	-	45	1:43	23.25	59:53	2:34	20		7	6:33
Lauf	2.50	10:35	4:14	1	-	35	1:38	25.75	1:10:28	2:44	1	-	50	8:20
Lauf Total	25.25	1:10:28												