



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Kempf, Rita

Total time: 1:31:25

Club: TSG Wiesloch

Number: 69

Course: 25.75 km

Rank in course/Total: 265 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 46 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 5(of 5)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:22:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:28	24:56	3	1:11	39	5:32	0.50	12:28	24:56	6	0:30	7	
Schwimmen Total	0.50	12:28												
Wechsel Schw.-R	0.25	3:18	13:11	2	0:38	47	1:38	0.75	15:46	21:01	6	0:08	7	
Rad	20.00	47:18	2:21	5	5:51	53	13:30	20.75	1:03:04	3:02	6	5:59	7	
Rad Total	20.25	50:36												
Laufrunde 2,5 km	2.50	14:25	5:46	5	1:35	42	4:15	23.25	1:17:29	3:19	6	7:34	7	
Lauf	2.50	13:56	5:34	3	1:09	35	3:45	25.75	1:31:25	3:33	5	8:43	46	26:50
Lauf Total	25.25	1:31:25												