



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Baumgartner, Steffi

Total time: 1:32:00

Club: Lorsch

Number: 58

Course: 25.75 km

Rank in course/Total: 268 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 47 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 4(of 7)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:19	26:37	6	4:03	50	6:23	0.50	13:19	26:37	3	4:03	8	
Schwimmen Total	0.50	13:19												
Wechsel Schw.-R	0.25	2:57	11:48	3	0:42	35	1:17	0.75	16:16	21:41	3	4:45	8	
Rad	20.00	43:42	2:11	4	5:05	39	9:54	20.75	59:58	2:53	3	9:50	8	
Rad Total	20.25	46:39												
Laufrunde 2,5 km	2.50	15:55	6:21	4	4:20	50	5:45	23.25	1:15:53	3:15	3	14:10	8	
Lauf	2.50	16:07	6:26	5	4:04	51	5:56	25.75	1:32:00	3:34	4	18:14	47	27:25
Lauf Total	25.25	1:32:00												