



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Stoppe, Stephan

Club: Stoppe Deutschland

Number: 115

Course: 25.75 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:13:27

Rank in course/Total: 96 (of 307)

Rank in course/Men: 90 (of 251)

Best time in course: 1:02:08

Rank in category: 18(of 52)

Best time in the category: 1:03:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:06	20:11	11	2:01	71	2:51	0.50	10:06	20:11	52		251	1:21
Schwimmen Total	0.50	10:06												
Wechsel Schw.-R	0.25	2:16	9:03	10	0:34	65	0:51	0.75	12:22	16:29	50		245	1:42
Rad	20.00	36:33	1:49	16	4:26	75	6:16	20.75	48:55	2:21	51	4:38	250	5:51
Rad Total	20.25	38:49												
Laufrunde 2,5 km	2.50	12:36	5:02	37	2:36	154	3:35	23.25	1:01:31	2:38	51	6:42	248	8:11
Lauf	2.50	11:56	4:46	28	2:09	120	2:59	25.75	1:13:27	2:51	18	9:51	90	11:19
Lauf Total	25.25	1:13:27												