



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Kaiser, Elli

Total time: 1:35:29

Club: SKV Mörfelden Möwathlon

Number: 86

Course: 25.75 km

Rank in course/Total: 286 (of 307)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 53 (of 56)

Best time in course: 1:04:35

Category:

Rank in category: 10(of 10)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:13:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:33	27:06	10	4:10	52	6:37	0.50	13:33	27:06	9	2:16	13	
Schwimmen Total	0.50	13:33												
Wechsel Schw.-R	0.25	2:56	11:43	7	0:55	33	1:16	0.75	16:29	21:58	9	2:03	13	
Rad	20.00	46:30	2:19	10	9:26	50	12:42	20.75	1:02:59	3:02	9	11:29	13	
Rad Total	20.25	49:26												
Laufrunde 2,5 km	2.50	14:30	5:47	9	3:38	46	4:20	23.25	1:17:29	3:19	9	14:18	7	
Lauf	2.50	18:00	7:12	10	6:52	56	7:49	25.75	1:35:29	3:42	10	22:20	53	30:54
Lauf Total	25.25	1:35:29												