



9. Lorsch Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Team Glanzner, Gauger & Ruths

Total time: 1:04:37

Number: 349

Speed: 23.21 km/h

Running performance: 2:31 min/km

Course: 25.75 km

Triathlonstaffel

Rank in course: 2 (of 21)

Best time in course: 1:03:04

Category:

Triathlon-Staffel

Rank in category: 2(of 21)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen	0.50	7:07	14:13	4	0:23	4	0:23	0.50	7:07	14:13	21			21	
Rad	20.25	39:23	1:56	10	5:03	10	5:03	20.75	46:30	2:14	21			21	
Lauf	5.00	18:07	3:37	2	0:49	2	0:49	25.75	1:04:37	2:30	2	1:33	2	1:33	