



# 9. Lorsch Triathlon

Lorsch / 12.08.2012

## Detailed evaluation

Alzeyer Fast Runners

Total time: 1:05:04

Number: 352

Speed: 23.74 km/h

Running performance: 2:32 min/km

Course: 25.75 km

Triathlonstaffel

Rank in course: 3 (of 21)

Best time in course: 1:03:04

Category:

Triathlon-Staffel

Rank in category: 3(of 21)

Best time in the category: 1:03:04

### Intermediate times

### Stage score

### Total ranking

| Control   | Split | Split | Split  | Pos  | Behind | Pos   | Behind | Total | Total   | Total  | Pos  | Behind | Pos   | Behind |
|-----------|-------|-------|--------|------|--------|-------|--------|-------|---------|--------|------|--------|-------|--------|
|           | km    | Time  | min/km | Cat. | Cat.   | Total | Total  | km    | Time    | min/km | Cat. | Cat.   | Total | Total  |
| Schwimmen | 0.50  | 9:58  | 19:56  | 8    | 3:14   | 8     | 3:14   | 0.50  | 9:58    | 19:56  | 20   |        |       | 20     |
| Rad       | 20.25 | 34:20 | 1:41   | 1    | -      | 1     | -      | 20.75 | 44:18   | 2:08   | 20   |        |       | 20     |
| Lauf      | 5.00  | 20:46 | 4:09   | 5    | 3:28   | 5     | 3:28   | 25.75 | 1:05:04 | 2:31   | 3    | 2:00   | 3     | 2:00   |