



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Sparkasse Bensheim

Number: 344

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:09:14

Speed: 21.67 km/h

Running performance: 2:41 min/km

Rank in course: 7 (of 21)

Best time in course: 1:03:04

Rank in category: 7(of 21)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	9:15	18:30	7	2:31	7	2:31	0.50	9:15	18:30	16			16
Rad	20.25	36:33	1:48	4	2:13	4	2:13	20.75	45:48	2:12	16			16
Lauf	5.00	23:26	4:41	8	6:08	8	6:08	25.75	1:09:14	2:41	7	6:10	7	6:10