



9. Lorsche Triathlon

Lorsch / 12.08.2012

Detailed evaluation

Team Rüther, Leenen & Renner

Total time: 1:11:29

Number: 343

Speed: 20.98 km/h

Running performance: 2:47 min/km

Course: 25.75 km

Triathlonstaffel

Rank in course: 8 (of 21)

Best time in course: 1:03:04

Category:

Triathlon-Staffel

Rank in category: 8(of 21)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.50	10:39	21:18	11	3:55	11	3:55	0.50	10:39	21:18	15			15
Rad	20.25	38:05	1:52	8	3:45	8	3:45	20.75	48:44	2:20	15			15
Lauf	5.00	22:45	4:32	6	5:27	6	5:27	25.75	1:11:29	2:46	8	8:25	8	8:25