



10. EppsteinTrails
Eppstein / 19.08.2012

Detailed evaluation

Sahl, Holger

Club: Hofheim
Number: 1043

Course: 30.00 km
Kurzstrecke

Category:

Senioren 2

Total time: 3:13:39

Speed: 9.30 km/h

Rank in course/Total: 137 (of 177)

Rank in course/Men: 128 (of 159)

Best time in course: 1:38:05

Rank in category: 54(of 64)

Best time in the category: 1:49:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	15.00	1:06:25	13.55	50	21:56	127	28:17	15.00	1:06:25	13.55	24		132	20:20
Last lap Finish	15.00	2:07:14	7.07	55	1:02:07	130	1:07:17	30.00	3:13:39	9.30	54	1:24:03	128	1:35:34