



10. EppsteinTrails
Eppstein / 19.08.2012

Detailed evaluation

Sahl, Holger

Club: Hofheim
Number: 1043

Course: 30.00 km
Kurzstrecke

Category:

Senioren 2

Total time: 3:13:39

Speed: 9.30 km/h

Rank in course/Total: 137 (of 177)

Rank in course/Men: 128 (of 159)

Best time in course: 1:38:05

Rank in category: 54(of 64)

Best time in the category: 1:49:36

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | | | | | | | | | |
| Lap 1 | 15.00 | 1:06:25 | 13.55 | 50 | 21:56 | 127 | 28:17 | 15.00 | 1:06:25 | 13.55 | 24 | | 132 | 20:20 |
| Last lap Finish | 15.00 | 2:07:14 | 7.07 | 55 | 1:02:07 | 130 | 1:07:17 | 30.00 | 3:13:39 | 9.30 | 54 | 1:24:03 | 128 | 1:35:34 |