



10. EppsteinTrails  
Eppstein / 19.08.2012

Detailed evaluation

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Club: DZBANK runners  
Number: 1148

Course: 30.00 km  
Kurzstrecke

Category:  
Senioren 1

Total time: 3:15:51

Speed: 9.19 km/h

Rank in course/Total: 143 (of 177)

Rank in course/Men: 133 (of 159)

Best time in course: 1:38:05

Rank in category: 32(of 39)

Best time in the category: 1:48:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	15.00	1:07:35	13.32	32	23:24	133	29:27	15.00	1:07:35	13.32	15	6:09	137	21:30
Last lap Finish	15.00	2:08:16	7.02	30	1:04:05	131	1:08:19	30.00	3:15:51	9.19	32	1:27:00	133	1:37:46