



10. EppsteinTrails
Eppstein / 19.08.2012

Detailed evaluation

Plinke, Frank

Club: Hofheim
Number: 2069

Course: 60.00 km
Mittelstrecke

Category:
Senioren 2

Total time: 4:57:08

Speed: 12.12 km/h

Rank in course/Total: 32 (of 81)

Rank in course/Men: 31 (of 77)

Best time in course: 3:16:45

Rank in category: 13(of 33)

Best time in the category: 3:56:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	15.00	53:32	16.81	18	13:53	46	18:07	15.00	53:32	16.81	11			31	
Lap 2	15.00	1:27:47	10.25	19	24:02	42	30:50	30.00	2:21:19	12.74	8	17:37	20	14:54	
Lap 3	15.00	55:58	16.08	21	47:36	39	47:36	45.00	3:17:17	13.69	8	24:52	17	28:46	
Last lap Finish	15.00	1:39:51	9.01	14	1:39:09	33	1:39:09	60.00	4:57:08	12.12	13	1:01:04	31	1:40:23	