



10. EppsteinTrails  
Eppstein / 19.08.2012

Detailed evaluation

Laab, Michael

Club: Eppstein  
Number: 2070

Course: 60.00 km  
Mittelstrecke

Category:  
Senioren 2

Total time: 4:59:06

Speed: 12.04 km/h

Rank in course/Total: 33 (of 81)

Rank in course/Men: 32 (of 77)

Best time in course: 3:16:45

Rank in category: 14(of 33)

Best time in the category: 3:56:04

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	15.00	54:51	16.41	21	15:12	50	19:26	15.00	54:51	16.41	12	0:59	20	
Lap 2	15.00	1:35:09	9.46	24	31:24	53	38:12	30.00	2:30:00	12.00	7	26:18	21	23:35
Lap 3	15.00	53:33	16.81	19	45:11	35	45:11	45.00	3:23:33	13.26	7	31:08	18	35:02
Last lap Finish	15.00	1:35:33	9.42	13	1:34:51	29	1:34:51	60.00	4:59:06	12.04	14	1:03:02	32	1:42:21