



10. EppsteinTrails  
Eppstein / 19.08.2012

Detailed evaluation

**Birr, Monika**

Club: Frankfurt  
Number: 2200

Course: 60.00 km  
Mittelstrecke

Category:  
Seniorinnen 3

Total time: 5:07:10

Speed: 11.72 km/h

Rank in course/Total: 36 (of 81)

Rank in course/Women: 2 (of 4)

Best time in course: 3:43:26

Rank in category: 1(of 1)

Best time in the category: 5:07:10

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos  |       | Behind |       | Total<br>km | Total<br>Time | Total<br>km/h | Pos  |       | Behind |         |
|-----------------|-------------|---------------|---------------|------|-------|--------|-------|-------------|---------------|---------------|------|-------|--------|---------|
|                 |             |               |               | Cat. | Women | Cat.   | Women |             |               |               | Cat. | Women | Cat.   | Women   |
| Lap 1           | 15.00       | 54:33         | 16.50         | 1    | -     | 2      | 11:53 | 15.00       | 54:33         | 16.50         | 1    | -     | 3      |         |
| Lap 2           | 15.00       | 1:28:32       | 10.17         | 1    | -     | 2      | 20:10 | 30.00       | 2:23:05       | 12.58         | 1    | -     | 2      | 32:03   |
| Lap 3           | 15.00       | 1:01:55       | 14.54         | 1    | -     | 2      | 18:56 | 45.00       | 3:25:00       | 13.17         | 1    | -     | 2      | 50:59   |
| Last lap Finish | 15.00       | 1:42:10       | 8.81          | 1    | -     | 2      | 32:45 | 60.00       | 5:07:10       | 11.72         | 1    | -     | 2      | 1:23:44 |