



10. EppsteinTrails
Eppstein / 19.08.2012

Detailed evaluation

Birr, Monika

Club: Frankfurt
Number: 2200

Course: 60.00 km
Mittelstrecke

Category:
Seniorinnen 3

Total time: 5:07:10

Speed: 11.72 km/h

Rank in course/Total: 36 (of 81)

Rank in course/Women: 2 (of 4)

Best time in course: 3:43:26

Rank in category: 1(of 1)

Best time in the category: 5:07:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	15.00	54:33	16.50	1	-	2	11:53	15.00	54:33	16.50	1	-	3	
Lap 2	15.00	1:28:32	10.17	1	-	2	20:10	30.00	2:23:05	12.58	1	-	2	32:03
Lap 3	15.00	1:01:55	14.54	1	-	2	18:56	45.00	3:25:00	13.17	1	-	2	50:59
Last lap Finish	15.00	1:42:10	8.81	1	-	2	32:45	60.00	5:07:10	11.72	1	-	2	1:23:44