



10. EppsteinTrails
Eppstein / 19.08.2012

Detailed evaluation

Lahr, Holger

Club: Sebamed Bike Team
Number: 1165

Course: 30.00 km
Kurzstrecke

Category:
Senioren 2

Total time: 2:19:28

Speed: 12.91 km/h

Rank in course/Total: 56 (of 177)

Rank in course/Men: 54 (of 159)

Best time in course: 1:38:05

Rank in category: 22(of 64)

Best time in the category: 1:49:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	15.00	52:20	17.20	19	7:51	51	14:12	15.00	52:20	17.20	55		57	6:15
Last lap Finish	15.00	1:27:08	10.33	22	22:01	57	27:11	30.00	2:19:28	12.91	22	29:52	54	41:23