



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Walch, Fredy

Club: WSV Steinbach 1907

Number: 498

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 45:16

Speed: 13.25 km/h

Running performance: 4:19 min/km

Rank in course/Total: 7 (of 119)

Rank in course/Men: 7 (of 90)

Best time in course: 37:01

Rank in category: 2(of 15)

Best time in the category: 43:20