



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Löppen, Reinhard

Club: SV Emsetal

Number: 549

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M50

Total time: 45:32

Speed: 13.18 km/h

Running performance: 4:20 min/km

Rank in course/Total: 8 (of 119)

Rank in course/Men: 8 (of 90)

Best time in course: 37:01

Rank in category: 1(of 8)

Best time in the category: 45:32