



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Kurtukov, Vladimir

Club: SG Helba

Number: 442

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M40

Total time: 47:29

Speed: 12.64 km/h

Running performance: 4:31 min/km

Rank in course/Total: 15 (of 119)

Rank in course/Men: 15 (of 90)

Best time in course: 37:01

Rank in category: 4(of 14)

Best time in the category: 46:05