



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Steinwachs, Bert

Club: sv normania Treffurt

Number: 529

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M35

Total time: 47:48

Speed: 12.55 km/h

Running performance: 4:33 min/km

Rank in course/Total: 18 (of 119)

Rank in course/Men: 18 (of 90)

Best time in course: 37:01

Rank in category: 4(of 8)

Best time in the category: 38:55