



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Hansch, Helmut**

Club: SV Mihla

Number: 499

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M65

Total time: 48:47

Speed: 12.91 km/h

Running performance: 4:39 min/km

Rank in course/Total: 24 (of 119)

Rank in course/Men: 24 (of 90)

Best time in course: 37:01

Rank in category: 1(of 2)

Best time in the category: 48:47