



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV

Number: 545

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M60

Total time: 49:18

Speed: 12.17 km/h

Running performance: 4:42 min/km

Rank in course/Total: 29 (of 119)

Rank in course/Men: 27 (of 90)

Best time in course: 37:01

Rank in category: 3(of 9)

Best time in the category: 48:05