



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Stancke, Ronny

Club: Ettenhausen

Number: 540

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M40

Total time: 49:30

Speed: 12.73 km/h

Running performance: 4:43 min/km

Rank in course/Total: 31 (of 119)

Rank in course/Men: 28 (of 90)

Best time in course: 37:01

Rank in category: 5(of 14)

Best time in the category: 46:05