



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Bock, Andreas

Club: TV Barchfeld

Number: 696

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 51:22

Speed: 11.68 km/h

Running performance: 4:53 min/km

Rank in course/Total: 38 (of 119)

Rank in course/Men: 34 (of 90)

Best time in course: 37:01

Rank in category: 9(of 15)

Best time in the category: 43:20