



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Krepphahn, Bernd

Club: WSV Oberhof

Number: 469

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M60

Total time: 51:30

Speed: 11.65 km/h

Running performance: 4:54 min/km

Rank in course/Total: 40 (of 119)

Rank in course/Men: 36 (of 90)

Best time in course: 37:01

Rank in category: 4(of 9)

Best time in the category: 48:05