



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Bomberg, Dirk

Number: 461

Course: 10.50 km
10,5 km-Lauf

Category:
Senioren M55

Total time: 52:45

Speed: 11.37 km/h

Running performance: 5:01 min/km

Rank in course/Total: 47 (of 119)

Rank in course/Men: 42 (of 90)

Best time in course: 37:01

Rank in category: 5(of 7)

Best time in the category: 48:15