



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Speck, Wilfried**

Club: SV Eintracht Hitzeroide

Number: 531

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M55

Total time: 53:08

Speed: 11.86 km/h

Running performance: 5:04 min/km

Rank in course/Total: 48 (of 119)

Rank in course/Men: 43 (of 90)

Best time in course: 37:01

Rank in category: 6(of 7)

Best time in the category: 48:15