



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Andrä, Mario

Club: Lauffreunde Dittmar

Number: 515

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M40

Total time: 53:09

Speed: 11.29 km/h

Running performance: 5:04 min/km

Rank in course/Total: 49 (of 119)

Rank in course/Men: 44 (of 90)

Best time in course: 37:01

Rank in category: 7(of 14)

Best time in the category: 46:05