



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Henning, Jürgen**

Club: SpVgg Faulungen

Number: 533

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M50

Total time: 53:30

Speed: 11.21 km/h

Running performance: 5:06 min/km

Rank in course/Total: 51 (of 119)

Rank in course/Men: 46 (of 90)

Best time in course: 37:01

Rank in category: 4(of 8)

Best time in the category: 45:32