



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Christian, Dressel

Club: Meininger on Tour

Number: 441

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M30

Total time: 53:44

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 52 (of 119)

Rank in course/Men: 47 (of 90)

Best time in course: 37:01

Rank in category: 3(of 4)

Best time in the category: 42:41