



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Kreim, Martin**

Club: Kein

Number: 484

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 53:49

Speed: 11.15 km/h

Running performance: 5:08 min/km

Rank in course/Total: 53 (of 119)

Rank in course/Men: 48 (of 90)

Best time in course: 37:01

Rank in category: 11(of 15)

Best time in the category: 43:20