



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 450

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M60

Total time: 53:59

Speed: 11.11 km/h

Running performance: 5:08 min/km

Rank in course/Total: 57 (of 119)

Rank in course/Men: 52 (of 90)

Best time in course: 37:01

Rank in category: 5(of 9)

Best time in the category: 48:05