



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Riedl, Matthias

Club: Sulzfeld

Number: 416

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M40

Total time: 55:32

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 66 (of 119)

Rank in course/Men: 58 (of 90)

Best time in course: 37:01

Rank in category: 10(of 14)

Best time in the category: 46:05