



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

Häfner, Jörg

Club: Kein

Number: 528

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M35

Total time: 56:24

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 69 (of 119)

Rank in course/Men: 61 (of 90)

Best time in course: 37:01

Rank in category: 7(of 8)

Best time in the category: 38:55