



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

Hentzschel, Henry

Club: Motzlar

Number: 460

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M40

Total time: 57:39

Speed: 10.41 km/h

Running performance: 5:29 min/km

Rank in course/Total: 72 (of 119)

Rank in course/Men: 63 (of 90)

Best time in course: 37:01

Rank in category: 11(of 14)

Best time in the category: 46:05