



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Amthor, Alexander**

Club: Meiningen

Number: 410

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M35

Total time: 1:00:13

Speed: 9.96 km/h

Running performance: 5:44 min/km

Rank in course/Total: 82 (of 119)

Rank in course/Men: 68 (of 90)

Best time in course: 37:01

Rank in category: 8(of 8)

Best time in the category: 38:55